



OPERATION ECHO
MORE THAN JUST ANOTHER TEAM BONDING DAY

Operation Echo

More than just another team bonding day.

If your team have got it in them - we can help to bring it out

A great event with significant outcomes, we will challenge your team mentally and physically, test their communication and teach them a great learning tool to aid all future work performance. This is a fun day with learning outcomes that can be taken straight back to the workplace and implemented immediately to great effect.

Operational outcomes

- Increase your team's effectiveness in the workplace
- Increase the effectiveness of their communication skills
- Increase their ability to operate effectively under stress or time pressure
- The ability to turn any negative situation into a positive learning experience for you and your team
- The ability to learn from any Positive experience so that the lessons are learned and repeated consistently
- Thinking outside the square
- Teamwork
- Interpersonal skills
- Team Bonding
- Fun!

What do you get?

A six hour fully facilitated program including.

1. Team communications exercises.
2. 2.5km Assault course
3. 15 obstacles of varying degrees of complexity
4. Full gourmet catering to suit all your teams individual dietary needs

5. Fully qualified and very experienced facilitators
6. Footage and images to take away on the day
7. Information hand outs

Here is what others have said:

We organize large scale sporting events for many companies. When we were asked to do a military style event we felt we should sub contract it to professionals in that field. Joe Bonington's team at Peak Performance are the consummate professionals. They organized a great team building day complete with full Military assault course and facilitated communication exercises. In dealing with the Joe Bonington team we have found them to be accommodating, efficient and, very knowledgeable in facilitating learning outcomes. On top of that they know how to make sure everybody is having fun. Sarah Vella Sales & Marketing Coordinator Sporting Spectrum

And your Facilitators:

The Peak Performance team is made up of trained facilitators with backgrounds ranging from the military, Personal Trainers, Expedition leaders and coaches. They are led by **Joe Bonington**, a coach, facilitator and Fitness Industry expert, Joe has appeared on several TV shows including Business Breakfast and Today Tonight. His experience, enthusiasm and expert guidance guarantee a great event.

Begin by contacting us NOW for more information and pricing on individual programs either by email or ring 02 9400 2561